



COVID-19 VACCINE CLINIC

January 29, 2021

11:00 am – 4:30 pm

Link Building

Book your Appointment at: <https://vaccination.service.yukon.ca/en/pellycrossing>

or

Call: 1-877-374-0425

Bring: Yukon Health Care Card or Proof of Yukon Residency

Wear: Loose-fitting or short-sleeved shirt

Rides for Elders: Call Oprah at 867-537- 3331 ext. 409

If you require additional information please call: SFN COVID-19 Call Center
@ 867-334-4378

Why get vaccinated

Why should I get the vaccine?

COVID-19 spreads easily and you can pass it on even if you do not have any symptoms. Widespread immunization is the best way to protect Yukoners. Safe and effective vaccines will reduce the spread of the virus that causes COVID-19. Over time, this will allow Yukoners to live with fewer restrictions.

Of people diagnosed with COVID-19 in Canada, 1 in 13 require hospitalization and about 3 out of every 100 die. Even people with mild symptoms may feel unwell for a long time after a COVID-19 infection.

Is the vaccine safe and effective?

How do I know the vaccine is safe?

Just like every vaccine we use in Canada, this one is Health Canada approved, which means it's a vaccine you can trust. Health Canada-approved vaccines go through 3 stages of development:

- the exploratory stage;
- the pre-clinical stage; and
- the clinical stage.

In the exploratory stage, scientists do research. This helps to find vaccines that could help us develop immunity to a disease before being exposed to it.

In the pre-clinical stage, scientists look for safety concerns. This is done before vaccines are tested in humans.

Promising vaccine candidates move on to the clinical stage. This is the stage where they are first tested in humans. Phase 3 studies involve thousands of volunteer participants. They compare groups that received a vaccine to those that didn't to answer whether it works and is safe for use.

Closely following these 3 stages ensures high quality products and trustworthy results. It's a proven and world-class regulatory system.

How does the vaccine protect me from COVID-19?

A vaccine is a way to build your immune system. The Moderna vaccine teaches our bodies to produce protection to prevent us from getting sick if we're exposed to the COVID-19 virus.

In a large study where people were given 2 doses of the Moderna vaccine, they were 94.1% less likely to become sick with COVID-19.

What happens if not enough people get the vaccine?

The pandemic won't end and neither will the restrictions on our day-to-day lives. In order for Yukon to reach "herd protection" levels, approximately 75 percent of our population must be vaccinated. The more people who get the vaccine, the greater the protection everyone in the territory will have from COVID-19, allowing us to live with fewer and fewer restrictions.

Why and how was a COVID-19 vaccine discovered so much faster than other vaccines?

Simply put, because there's nothing normal about a pandemic. The efforts to find a vaccine for COVID-19 have been on a scale that's never been seen before. With so many resources put towards it, this vaccine was developed in record time. While the need to deliver the vaccine quickly was important, no steps in the approval process were missed. Instead, with more resources came faster results.

Why is Yukon getting the Moderna vaccine before many other places in Canada?

The Moderna vaccine can be transported between remote locations relatively easily. This makes it a good fit for Yukon and the other northern territories.

What are the common side effects?

Just like any medicine or supplement you take, vaccines can have possible side effects. These side effects are almost always very mild and show that your immune system is working well. The most common side effects include:

- pain, redness or swelling where the needle was given;
- tiredness;
- headache;
- muscle pain;
- joint pain;
- nausea or vomiting;
- chills;
- fever; or
- enlarged lymph nodes (swollen glands) in the underarm.

What is my risk of having serious side effects?

In a large study, half of the people who received the Moderna vaccine were monitored for at least 2 months. No serious side effects have been found to date. People in studies who received the vaccine continue to be monitored for longer-term side effects.

Very rarely, a vaccine can cause an allergic reaction. Symptoms of an allergic reaction include:

- hives (bumps on the skin that are often itchy);
- swelling of the face, tongue or throat; or
- difficulty breathing

Staff at the vaccine clinic are prepared to manage an allergic reaction if it happens. Get immediate medical care if you develop any of these symptoms.

There is so much conflicting information out there. Who do I trust?

When you look for information online, make sure it's from a trusted source. The federal or Yukon government health websites are examples. Your health-care provider is another great trusted source. Don't hesitate to ask them your questions.

Vaccine clinics

Where and when do I get the vaccine?

Vaccination locations and schedules can be found on [Yukon.ca/this-is-our-shot](https://www.yukon.ca/this-is-our-shot). You will need to book an appointment. If unable to book an appointment drop by the Link Building on January 29, 2021 between 11:00 am and 4:30 pm to get your vaccine.

How is the vaccine given?

The vaccine is given as a needle in the upper arm. You will need 2 doses, given one month apart. Getting your second dose ensures the vaccine is most effective.

What do I need to bring to my vaccination appointment?

Bring your Yukon health care card or proof of Yukon residency. You should also bring a mask and your immunization record if you have it. Wear a loose-fitting or short-sleeved shirt so that your upper arm can be reached.

What COVID-19 safety measures will be in place at the vaccine clinics?

To prevent the spread of COVID-19 you must:

- wear a mask;
- clean or sanitize your hands;
- stay 2 metres (6 feet) apart from other people; and
- stay home if you are sick and rebook your appointment if you are experiencing any COVID-19 symptoms.

Staff at the vaccine clinic will be wearing masks and cleaning their hands before and after each client.

What should I do if I have a reaction to the vaccine?

You'll be asked to wait at least 15 minutes after you receive the vaccine to be sure you're feeling well. Tell a health care provider right away if you feel unwell during that wait time.

After you leave the clinic, call 911 right away if you develop any serious symptoms or symptoms of an allergic reaction.

What should I do if I miss my second dose of the vaccine?

Return for your second dose as soon as possible, or talk to your health care provider.

Who can and cannot get vaccinated

If you're 17 or younger

Do not get the vaccine if you're 17 years old or younger. You can get the vaccine if you're 18 and older.

If you have symptoms that could be COVID-19

Do not get vaccinated if you have any symptoms that could be due to COVID-19. This is so that you do not spread the infection to others. For advice about if and when you're able to get vaccinated:

- talk with your health care provider; or
- call 811.

You have or have had COVID-19

You should not be vaccinated while infectious or if you still feel unwell from a recent COVID-19 infection, so that you do not spread infection to others.

You can be vaccinated if you are no longer infectious and are feeling better from a COVID-19 infection.

If you're pregnant or breastfeeding

If you are at high risk of exposure to COVID-19 infection, or of developing severe disease, talk to your health care provider to make a decision about vaccination.

If you're planning to be pregnant

If you're planning to become pregnant, delay conception until at least 28 days have passed after your 2nd dose of COVID-19 vaccine.

If you had a severe reaction to a previous COVID-19 vaccine dose

You should not get the vaccine if you had a severe reaction to a previous dose of a COVID-19 vaccine, including an allergic reaction. Do not get vaccinated until it's determined to be safe by an allergist or other health care provider.

If you have an autoimmune condition or problems with your immune system

Please talk to your health care provider before being immunized. You may or may not be eligible to receive this vaccine.

If you've received another vaccine in the past 14 days

If you've had another vaccine that is not a COVID-19 vaccine in the past 14 days, wait for 14 days from that last vaccine to receive your COVID-19 vaccine.

If you have an allergy to polyethylene glycol (PEG) or an unknown allergy

You should not get the vaccine. Talk with your health care provider if you're known to be allergic to polyethylene glycol or have had an allergic reaction from an unknown cause.

About polyethylene glycol (PEG)

Polyethylene glycol (PEG) can rarely cause allergic reactions and is found in products such as medications, bowel preparation products for colonoscopy, laxatives, cough syrups, cosmetics, skin creams, medical products used on the skin and during operations, toothpaste, contact lenses and contact lens solution. It can also be found in foods or drinks but is not known to cause allergic reactions from foods or drinks.

What's next

Do I need to keep practising the Safe 6 after I've been vaccinated?

Yes. You will still need to wear a mask in all public indoor spaces and practise the Safe 6. Once 75% of Yukoners have been vaccinated, it will be safe to relax some of the restraints. The Chief Medical Officer of Health will help decide when we can relax safety measures.

Will I get proof I've been vaccinated?

When you come for your 1st dose, the clinic staff will give you your COVID-19 immunization record. Remember to bring it with you when you come for your 2nd dose. It's your personal COVID-19 vaccine immunization record.

You can also download the CanImmunize app to keep track of this and other vaccines.

When can I get other types of vaccinations?

Unless your health care provider says another vaccine is necessary, do not get any other vaccines, except for your 2nd COVID-19 vaccine, until:

- you've received both doses; and
- at least 1 month has passed after the second dose.

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Face masks in Yukon



Face masks are **mandatory** for all Yukoners.

- Masks are required in shared indoor spaces.
- Your mask needs to cover your nose, mouth and chin.
- Your mask can be cloth or disposable.

The most effective way to keep yourself and others healthy is to follow the 6 steps to staying safe.



1 Physical distancing of 2 metres



4 Not gathering in groups of more than 10 indoors or 50 outdoors



2 Frequent hand washing



5 Limit travel to rural communities



3 Staying home if sick



6 Self-isolating when required by orders and directions

December 1, 2020

If you are sick:

self-isolate, seek medical advice or call 811, and wear a mask if you must be near people.