



Mental Wellness and Substance Use Services

Pelly Crossing Support Information

Monday to Friday 8:30 a.m. until 5:00 p.m.

Arlene MacIsaac *Mental Health Nurse* 867-332-2339

- support for daily living
- emotional support
- questions about Mental Wellness and Substance Use services and programs

Kevin Dawson *MWSU Counsellor* 867-332-5468

- intake, books appointments
- Rapid Access Counselling (RAC), drop-in counselling
- questions about Mental Wellness and Substance Use services and programs

MWSUS main phoneline 867-456-3838

- questions about MWSU services and programs
- access to drop-in counselling in Whitehorse

After hours options weekdays from 5:00 p.m. until 8:30 a.m., weekends, holidays - available 24/7

Emergency Services 911 (all emergencies)

Pelly Crossing Health Centre 867-537-4444

Yukon's Alcoholic's Anonymous 1-888-453-0142 (sobriety support and helpline)

Kaushee's Crisis Line 1-867-668-5733 (any crisis)

National Indian Residential School Crisis Line 1-866-925-4419 (any crisis)

First Nations and Inuit Hope for Wellness 1-855-242-3310 (any crisis)

Crisis Service Canada 1-833-456-4566 (any crisis)



Personal Supports (trusted family and/or friends, AA sponsor, clergy member, community elder, etc)
